



EMBARGOED UNTIL
THURSDAY, JUNE 24, 2010

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**\$3.85 MILLION AWARDED TO SUPPORT MENTAL HEALTH AND
HEALTHY LIVING NEEDS IN CENTRAL TEXAS**

St. David's Foundation support up by 35 percent

AUSTIN – St. David's Foundation announced today that it is awarding \$3.85 million in grants to 24 area nonprofit organizations that provide mental health services and that support healthy lifestyles for Central Texans.

To mark the occasion, the Foundation will present a ceremonial check to the Austin Child Guidance Center on Thursday, June 24 at 10 a.m. The Austin Child Guidance Center is located at 810 W. 45th Street, Austin, TX 78751. Lynn Henton, Director of Psychological Services, will receive the \$176,575 grant on behalf of the organization.

“Our vibrant and close partnerships with key nonprofit organizations maximize St. David's Foundation's investment of significant resources in addressing mental health needs in our community,” said Earl Maxwell, Chief Executive Officer of the Foundation.

“Prevention of future health problems is a growing area of concern, and the Foundation is pleased to take an active role in helping to build healthy futures for our community, as well,” said Bobbie Barker, Vice-President of Grants and Community Programs.

St. David's Foundation targets its funding through grants in six areas, including Healthy Aging, Healthy Futures, Healthy Living, Healthy Minds, Healthy People and Healthy Smiles.

A complete listing by category of the grants follows:

- more -

St. David's Foundation – 2010 Healthy Minds Grant Recipients

Total Amount Awarded: \$3,256,994

Grants for Community-Based Mental Health Services

Any Baby Can	\$215,000	<i>No Estás Solo Counseling Program</i>
Austin Child Guidance Center	\$176,575	<i>Children's Psychological Services Unit</i>
Austin Recovery	\$349,500	<i>Recovery Step Down (Year Three) and Austin Detox Dollars</i>
Austin Travis County Integral Care	\$145,800	<i>North Austin Outpatient Service Center</i>
Center for Child Protection	\$70,000	<i>First Steps Program</i>
Capital Area Mental Health Center	\$85,000	<i>Counseling Services</i>
Family Crisis Center	\$42,000	<i>Counseling Program</i>
Hays-Caldwell Women's Center	\$96,091	<i>Professional Counseling Services and Training Program for Community Counselors</i>
Lifeworks	\$150,000	<i>Youth and Adult Counseling Program</i>
SafePlace	\$120,000	<i>Counseling Services Program</i>
SIMS Foundation	\$100,000	<i>SIMS Clinical Services</i>
Waterloo Counseling	\$149,687	<i>Project Open Door</i>
Wonders & Worries	\$20,000	<i>General Operating Support</i>
YWCA of Greater Austin	\$36,752	<i>YW Counseling & Referral Center</i>
TOTAL AMOUNT AWARDED	\$1,756,405	

Grants for Integrated Behavioral Health Services

Lone Star Circle of Care	\$650,500	<i>Behavioral Health Program</i>
People's Community Clinic	\$229,539	<i>Healing the Body and Mind Program</i>
TOTAL AMOUNT AWARDED	\$880,039	

Grants for School-Based Mental Health Services

Communities in Schools – Central Texas	\$375,000	<i>Campus Program Support and Expansion to Manor Independent School District</i>
Interagency Support Council of East Williamson County	\$182,540	<i>East Williamson County School-Based Mental Health Project</i>
Leander Independent School District	\$63,010	<i>School-Based Counseling Program</i>
TOTAL AMOUNT AWARDED	\$620,550	

St. David's Foundation – 2010 Healthy Living Grant Recipients

Total Amount Awarded: \$596,388

Grants for Community-Based Programs

Boys & Girls Clubs of the Cap. Area	\$60,000	<i>Healthy Habits and Kids' Café Programs</i>
YMCA of the Capital Area/MEND	\$250,388	<i>MEND: Mind, Exercise, Nutrition...Do It!</i>
TOTAL AMOUNT AWARDED	\$310,388	

Grants for Clinic-Based Programs

Children's Medical Center Foundation of Central Texas	\$50,000	<i>Healthy Living, Happy Living Program</i>
Friends of Public Health	\$70,000	<i>Get Fit, Get Healthy, Get Movin'</i>
TOTAL AMOUNT AWARDED	\$120,000	

Grants for School-Based Programs

Marathon Kids/Sustainable Food Center	\$166,000	<i>Sprouting Healthy Marathon Kids</i>
TOTAL AMOUNT AWARDED	\$166,000	

About St. David's Foundation:

The vision of St. David's Foundation is to keep the promise of a better life by improving health and health care for all Central Texans. As a joint owner of St. David's HealthCare, the Foundation achieves its goals by investing the proceeds from the hospitals back into Central Texas. In 2010, the Foundation will directly invest \$27 million in the community through grants to mental health agencies, agencies serving the elderly, ill and homeless, and many of the area's private safety net clinics, and the St. David's Dental Program. For more information on St. David's Foundation, visit www.stdavidsfoundation.org.