



**FOR IMMEDIATE RELEASE:**  
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**ST. DAVID'S FOUNDATION INVESTS IN INNOVATIVE HEALTHCARE PROJECTS**  
*\$9.17 million donated to support local health needs*

**AUSTIN**—St. David's Foundation announced today that it is awarding \$9.17 million in grants to 32 area organizations that provide important services to Central Texans.

St. David's Foundation directs its funding through grants in six focus areas, including Healthy Aging, Healthy Futures, Healthy Living, Healthy Minds, Healthy People and Healthy Smiles. Grants to Healthy Living, Healthy Futures and Healthy Minds are announced each June; grants to the remaining focus areas are presented each December.

Within the Foundation's Healthy Living focus area, grants will be made to the Sustainable Food Center and People's Community Clinic to launch pilot programs aiming to increase access to affordable, healthy food for underserved populations. The Sustainable Food Center plans to use the funds to assist in the creation of a new Austin farmers' market in northeast Austin.

"We are pleased to announce this new direction for the Foundation by investing in a farmers' market and these two well-regarded organizations," said Roberto Rodriguez, MD, MPH, Senior Program Officer of Healthy Living and Healthy Futures at the Foundation. "We know that good eating habits and active lifestyles can prevent a future of health problems, including childhood and adult obesity. These programs will be key in helping us achieve our mission of improving the health of all Central Texans."

Results have shown that 60% of market-goers eat vegetables on a more regular basis and a good portion are willing to explore new healthy recipes, according to a 2011 Consumer Survey conducted by the Sustainable Food Center.

"With the funds from St. David's Foundation, we'll be able to bring a source of fresh, healthy food to this underserved population in Northeast Austin," said Ronda Rutledge, Executive Director of the Sustainable Food Center. "In addition, the Foundation is providing financial support to help make healthy food more accessible to low income members of our community. We are grateful to be able to provide for healthier food choices, all the while supporting our local farmers."

"People's Community Clinic is thrilled to receive funding from the St. David's Foundation for the Prenatal and Early Childhood Obesity Prevention Project," said Dr. Louis Appel, Chief Medical Officer and Director of Pediatrics at People's Community Clinic. "Childhood obesity has reached epidemic proportions, and affects the health of many in our community. To address this need, our project will help develop healthy nutritional habits for expectant mothers and their children."

A complete listing by category of the grants follows:

**St. David's Foundation – 2011 Healthy Minds Grant Recipients**

**Total Amount Awarded: \$3,677,210**

**Grants for Community-Based Mental Health Services**

Any Baby Can	\$245,000	<i>No Estás Solo Counseling Program</i>
Austin Child Guidance Center	\$263,147	<i>Children's Psychological Services Unit</i>
Austin Recovery	\$349,500	<i>Recovery Step Down and Austin Detox Dollars</i>
Austin Travis County Integral Care	\$300,000	<i>Counseling Services for Integral Care Adult Behavioral Health Waiting List</i>
Capital Area Counseling	\$89,250	<i>Low Cost, No Session Limit Counseling Services</i>
Center for Child Protection	\$75,000	<i>First Steps Program</i>
Connections Individual and Family Services	\$52,630	<i>Counseling Services for Youth and Families in Bastrop and Caldwell Counties</i>
Family Crisis Center	\$45,000	<i>Counseling Program</i>
Hays-Caldwell Women's Center	\$124,042	<i>Professional Counseling Services and Training Program for Community Counselors</i>
LifeWorks	\$225,000	<i>Youth and Adult Counseling Program</i>
SafePlace	\$202,000	<i>Counseling Services Program</i>
Samaritan Center for Counseling and Pastoral Care	\$196,000	<i>Mental Health Counseling Services for Children, Adults and the Elderly</i>
SIMS Foundation	\$120,000	<i>SIMS Clinical Services</i>
Waterloo Counseling Center	\$149,687	<i>Project Open Door</i>
Wonders & Worries	\$20,000	<i>General Operating Support</i>
YWCA of Greater Austin	\$18,376	<i>Counseling and Referral Center</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$2,474,632</b>	

**Grants for Integrated Behavioral Health Services**

CommuniCare	\$214,724	<i>Hays County Behavioral Health Program</i>
El Buen Samaritano	\$100,608	<i>Integrated Behavioral Health Program</i>
People's Community Clinic	\$231,766	<i>Healing the Body and Mind Program</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$547,098</b>	

**Grants for School-Based Mental Health Services**

Communities in Schools	\$400,000	<i>School-Based Mental Health Services</i>
Hope Alliance	\$37,500	<i>School-Based Counseling</i>
Interagency Support Council of East Williamson County	\$186,475	<i>School-Based Mental Health Program</i>
Leander Independent School District	\$31,505	<i>School-Based Counseling Program</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$655,480</b>	

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**St. David's Foundation – 2011 Healthy Futures Grant Recipients**

**Total Amount Awarded: \$4,279,434**

**Grants for Health Care Workforce Development**

Austin Community College - Dental Hygiene Program	\$37,074	<i>ACC Department of Dental Hygiene</i>
Capital IDEA	\$400,000	<i>Path to Healthcare Careers for Low-Income Central Texans</i>
University of Texas at Austin - School of Nursing	\$407,230	<i>Family Nurse Practitioner Program Expansion</i>
University of Texas at Austin - School of Nursing	\$435,130	<i>Family Psych/Mental Health Nurse Practitioner Program Expansion</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$1,279,434</b>	

**Grants for Research Initiatives**

University of Texas at Austin - School of Nursing	\$3,000,000	<i>Center for Health Promotion Research for Underserved Populations</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$3,000,000</b>	

**St. David's Foundation – 2011 Healthy Living Grant Recipients**

**Total Amount Awarded: \$895,419**

**Grants for Health Promotion and Obesity Prevention**

Boys and Girls Clubs	\$120,335	<i>Healthy Habits Program</i>
Marathon Kids	\$209,130	<i>Sprouting Healthy Marathon Kids Expansion and Sustainability</i>
People's Community Clinic	\$111,313	<i>Prenatal and Early Childhood Obesity Prevention Project</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$440,778</b>	

**Grants for Obesity Treatment Interventions**

MEND Foundation (Partnered with YMCA of Austin and YMCA of Williamson County)	\$309,500	<i>MEND: Mind, Exercise, Nutrition...Do It!</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$309,500</b>	

**Grants Policy and Environmental Change**

Sustainable Food Center	\$45,000	<i>SFC Northeast Farmers' Market and Double Value Coupon Pilot</i>
Green Doors	\$50,000	<i>Pecan Springs Commons</i>
UT Health	\$50,141	<i>Promoting Children's Physical Activity Through Improvements to the School Playground Environment</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$145,141</b>	

**St. David's Foundation – 2011 Healthy Minds Capital Grant Recipients**

**Total Amount Awarded: \$323,538**

SafePlace	\$307,000	<i>Multi-year Capital Request</i>
Waterloo Counseling Center	\$16,538	<i>Purchase and Install a New Server and Program the Client Database for Better Access by Therapists</i>
<b>TOTAL AMOUNT AWARDED</b>	<b>\$323,538</b>	

**About St. David's Foundation:**

The vision of St. David's Foundation is to keep the promise of a better life by improving health and healthcare for all Central Texans. The Foundation's mission is to work with commitment, integrity, and respect to achieve our vision in our hospitals, programs, and community partnerships. In 2011, the Foundation plans to invest \$34 million in the community through grants to mental health agencies, agencies serving the elderly, ill and homeless, and many of the area's private safety net clinics, and the St. David's Dental Program. For more information on St. David's Foundation, visit [www.stdavidsfoundation.org](http://www.stdavidsfoundation.org).